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Dr. Deepak Patil Ayurvedic Medical College & Research Center

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Educational Visit Report

Second-Year Batch 2024-25

Dr. Deepak Patil Ayurvedic Medical College, Borpadle

Visit to Rajiv Gandhi Government Ayurvedic Medical College, Paprola, Himachal Pradesh

Date: 4th January 2025

1. Introduction

An educational visit was organized for the second-year students of Dr. Deepak Patil Ayurvedic Medical College, Borpadle, to Rajiv Gandhi Government Ayurvedic Medical College, Paprola, Himachal Pradesh, on 4th January 2025. The purpose of this visit was to provide students with practical exposure, enhance their understanding of Ayurvedic medical practices, and observe advanced healthcare facilities in a government Ayurvedic institution.

2. Objectives of the Visit

To familiarize students with the functioning of a government Ayurvedic medical college and hospital.

To provide insights into advanced diagnostic, therapeutic, and research methodologies in Ayurveda.

To encourage academic collaboration and knowledge exchange.

To observe the integration of Ayurvedic principles with modern healthcare approaches.

3. Participants

Faculty Members:

- 1. Dr. Kedar Todkar
- 2. Dr. Vitthal Patil
- 3. Dr. Sayali Sankpal

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Or. Deepak Patil Ayurvedic Medical College & Research Center, Borpadale Phata, Tal. Panhala Dist. Kolhaour-416 213

Students:

A total of 40 students from the second-year batch participated in the visit.

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4. Itinerary of the Visit

1. Arrival:

The delegation arrived at Rajiv Gandhi Government Ayurvedic Medical College at 10:00 AM and was warmly welcomed by the staff.

2. Inaugural Session:

A brief orientation was conducted by Dr. [Insert Name], Principal of the host institution.

Overview of the college's history, infrastructure, and contributions to Ayurvedic education and research.

3. Tour of Facilities:

Students were guided through various departments and facilities:

Panchakarma Department: Demonstrations of therapies like Vamana, Virechana, Basti, Nasya, and Raktamokshana.

Rasashastra and Bhaishajya Kalpana Lab: Students observed the preparation of Ayurvedic medicines and formulations.

Kaya Chikitsa Ward: Case studies of chronic diseases treated with Ayurvedic intervention

Dravyaguna and Medicinal Garden: Introduction to medicinal plants and their therapeutic uses.

4. Interactive Sessions:

Interaction with senior faculty members regarding Ayurveda's role in public health.

Q&A session on research opportunities in Ayurveda.

5. Practical Demonstrations:

Students participated in hands-on activities, including pulse diagnosis (Nadi Pariksha) and Ayurvedic formulation preparation.

6. Lunch and Networking:

Lunch was organized in the college premises, providing students with an opportunity to interact with peers and faculty members of the host institution.

7. Closing Session:

Feedback from students and faculty.

Distribution of participation certificates.

8. Departure:

The team departed from the college at 4:00 PM.



5. Observations and Learnings

Students gained a deeper understanding of Ayurvedic practices, particularly Panchakarma therapies and their clinical applications.

Exposure to state-of-the-art infrastructure and research facilities.

Observed real-life applications of Ayurvedic principles in patient care.

Enhanced awareness of career opportunities and advancements in Ayurvedic medicine.

6. Feedback from Participants

Students: Expressed enthusiasm and satisfaction with the exposure gained during the visit. They appreciated the interactive and practical aspects of the program.

Faculty Members: Highlighted the significance of such visits in bridging theoretical knowledge with practical application.

7. Conclusion and Recommendations

The educational visit to Rajiv Gandhi Government Ayurvedic Medical College was highly successful in achieving its objectives. It provided students with invaluable practical knowledge and motivated them to explore advanced studies and research in Ayurveda.

Recommendations:

Organize similar visits to other reputed Ayurvedic institutions in the future.

Incorporate more hands-on training and case discussions during such visits.

Facilitate collaborative projects between colleges for shared learning experiences.





